

RICE & CUTTERS



DIY Resource Sheet

OVERVIEW

Prep time: 2 minutes

Difficulty: Easy Peasy

Estimated Cost: 20 AED

Mess level: Medium

Age: 6 months plus

Benefits:

A very simple sensory activity focused on feeling and manipulating the rice as well as learning the art of transferring and pouring. In addition to the fine motor skills, this activity also provides an opportunity for lots of language and math skills. Think about discussing colors, shapes, sizes, and types. If you have alphabet cookie cutters for example - Talk about letter names, the sounds letters make, or words that start with each letter. How about animals? Talk about animal sounds, where the animals live, or what they look like. Holiday themed cookie cutters? Name each item and talk about why it's part of the holiday etc.

Ways to adapt:

- Add scopes and encourage your child to fill the cookie-cutter shapes this way
- Pour the rice through a funnel into a bowl, transfer the rice from one shape to another and so on

What you need

- Rice
- Cookie cutters and tray
- Scopes

Instructions

This activity is so simple to set up, making it very easy for it to pass the "play a lot longer than it takes to set up and take down test".

Notes

You can dye the rice using food colouring to make it more fun and store in a sealed, cool place to last for months.