

## ICE PAINTING



## DIY Resource Sheet

### OVERVIEW

**Prep time: 2 minutes**

**Difficulty: Easy Peasy**

**Estimated Cost: 20 AED**

**Mess level:**

**Age: 2 plus**

### Benefits:

It gives children the opportunity to explore colour mixing, patterns and feel the texture of the slippery, cold, wet paint.

You can also talk about the science behind ice - discuss changes that happen and why. This activity is also great for developing fine motor and gross motor skills and control

### Ways to adapt:

- You can use this idea of frozen paint to explore color mixing. Make blue, red, and yellow ice cubes, and observe which colors are created as they melt and mingle.
- You can even try creating ice sculptures. Freeze larger blocks of colored ice and use them to build upwards, creating tall structures.
- Mix in glitter to make glitter paint.
- Add other objects to freeze.

### What you need

- Wooden sticks
- Ice tray
- Water
- Cornflower
- Food colouring

### Instructions

Mix cornflower and water to make some colored ice cubes and add stick, freeze and then allow your little ones to paint their imagination on a paper.

### Notes

The ice paints work really well on kitchen foil, as the melting paint blocks feel satisfyingly slippery and slidey as they melt.