

SENSORY BASKETS



DIY Resource Sheet

OVERVIEW

Prep time: 10 minutes

Difficulty: Easy Peasy

Estimated Cost: Free

Mess level: Non

Benefits:

This activity allows children to explore with all their senses: they can feel, taste, hear, smell and see a variety of textures, experiment and make choices. It provides early experience of sorting and classifying items, develops fine motor skills, helps babies develop concentration, enriches their experience of objects around them, helps them to gain confidence in making decisions and promote open-ended and independent play

Ways to adapt:

You will find 100s of different objects you can place in a basket.

To increase the difficulty you can blindfold your child to add to the sensory experience and get them to talk about what they are feeling. You can also put the items in a box or weave some string above the opening to make it harder for your little one to extract the items.

What you need

Basket and household treasure! For example shiny and light up objects (metal measuring spoon set, a small handheld mirror, a large bouncy ball with lights in it) or textured (pine cone, fur, tin foil, straw, beads etc).

Instructions

Take a small basket/any sort of container and fill it with all sorts of colorful and interesting objects. Pinpoint what captivates your baby and catches their eye and find different objects that fall into that category.