

WATER PLAY/MARK MAKING



DIY Resource Sheet

OVERVIEW

Prep time: 2 minutes

Difficulty: Easy Peasy

Estimated Cost: 0 AED

Mess level: Medium

Benefits:

- Water play is incredibly versatile

Ways to adapt:

- Add sponges, they are fun to squeeze and press
- Color the water with food coloring
- Add additional objects like balls add plastic toys, rings, bath toys, etc
- Add water to containers and freeze overnight to make large chunks: add food coloring and or objects to make them even more special!
- Add small plastic bowls and spoons they will love transferring the water.
- Add a clean dish brush and let your child pretend to wash up!
- Add bubbles for another sensory experience.
- Adding smaller items allows for more fine motor practice as your older toddler or preschooler plays. It also allows for some math practice as they explore volume and capacity.

What you need:

- Sponge (as tools)
- Sugar paper
- Water

Instructions:

Allow your child to play with the water and have fun, use the sugar paper as mark making with the sponges or even just fingers, hands and feet to get the whole body involved and develop gross motor skills

Notes:

Take clothes off for this one. The big plus is that water is easy to clean up and doesn't stain, just maybe lay down a towel first.